

BREAKFAST MENU

At the Sun Up Café, we pride ourselves on preparing and serving fresh, quality and affordable food in a timely and courteous manner. Your satisfaction is always our number one priority. *Enjoy!* All of our eggs are cracked fresh daily.

For
STARTERS

SCOTCH EGGS

Two hard boiled eggs, wrapped in pork sausage then breaded and deep-fried. Finished with green onion on top a mildly spicy aioli. 6.99

DOUGHNUT HOLES

Six homemade doughnut rounds, deep-fried until golden brown, tossed in cinnamon-sugar and finished with powdered sugar. Served with vanilla anglaise and chilled blueberry compote. 7.50

Our Famous Three Egg Omelettes

Choice of real eggs or just egg whites...add 1.50 for egg whites.

All omelets are served with choice of fried potatoes, hash browns or grits; you can substitute fruit for \$.99 extra

JUST CHEESE

Choice of American, Swiss, cheddar, provolone, feta or pimiento & cheese. 8.99

WESTERN

Onions, ham, peppers and cheddar. 10.25

GREEK

Tomatoes, onions, spinach, kalamata olives, feta cheese. 10.25

SMOKED SALMON

Onions, spinach, tomatoes, capers, premium smoked salmon, dill cream cheese. 13.99

MEAT LOVERS

Ham, pork sausage, turkey sausage, bacon, and choice of cheese. 10.99

VEGGIE LOVERS

Onions, peppers, tomatoes, spinach, mushrooms, olives, and choice of cheese 10.25

EVERYTHING LOVERS

Meat and Veggie Lovers combined. \$11.50

BUILD YOUR OWN OMELETTE

Choose three of the following: Pork Sausage, Bacon, Ham, Turkey Sausage, Onions, Peppers, Spinach, Tomatoes, Mushrooms, Olives, and choose one of the following cheeses: American, Swiss, Cheddar, Provolone, Feta, Pimiento Cheese or no cheese at all. 10.99 (add 50 cents for each additional topping after three)

Classic & Favorites

TRADITIONAL BREAKFAST

Two eggs, choice of meat, choice of either potatoes or grits, and finally your choice of either toast or pancake. 8.99

BREAKFAST SANDWICH

one egg, choice of meat, choice of cheese, choice of bread, choice of potatoes, hash browns, or grits. 7.99
Sub bread for a croissant add 1.50

PARFAIT

A generous portion of our own homemade granola (almonds, pecans, oats, and honey). Topped with greek yogurt, strawberries, blueberries, and bananas. 7.50

CORNED BEEF HASH & EGGS

Our own premium corned beef hash, cooked crispy and topped with two eggs any style Served with sliced vine-ripened tomatoes and toast. 11.99

CHICKEN & WAFFLES

Boneless chicken breast, soaked in buttermilk, then breaded and fried until golden brown. Layered with a traditional hot off the iron waffle, and finished with Maple Bourbon Butter sauce. 11.99

BREAKFAST QUESADILLA

Grilled 12" floured tortilla, filled with shredded cheddar cheese, tomato pico, black beans and scrambled eggs with your choice of either bacon, pork sausage, turkey sausage or ham. Served with sour cream & pico de gallo on the side. 9.99

SMOKED SALMON BAGEL

Toasted plain bagel, spread with our own dill cream cheese and topped with thin slices of premium scottish smoked salmon. Garnished with lettuce, sliced tomato, red onion, capers and hard boiled egg. 13.99

BISCUITS & GRAVY

Freshly baked buttermilk biscuit, topped with homemade country sausage gravy. Served with two eggs, choice of meat or fresh fruit cup. 9.99

CHOPPED STEAK BREAKFAST

Made in house 6oz chopped fresh angus beef topped with bacon jam, served with two eggs any style. Your choice of potatoes, hash browns or grits and choice of toast. 10.99

Eggs Benedict

Served with choice of fried potatoes, hash browns or grits, substitute fruit cup for .99

TRADITIONAL

Two poached eggs, each served atop toasted english muffin with grilled premium canadian bacon and our own homemade hollandaise sauce. 8.99

SHRIMP & GRITS

Two poached eggs, served atop fried cheese grit cake with cajun seared gulf shrimp. Finished with hollandaise sauce, garnished with chopped bacon and green onion. 11.99

FLORENTINE

Two poached eggs, served atop toasted english muffin with grilled premium canadian bacon, sautéed spinach and hollandaise sauce. 9.50

SOUTHERN

Two poached eggs, served over our own freshly baked buttermilk biscuits with fried green tomatoes and homemade sausage gravy. 9.99

*STEAK

Two poached eggs, atop toasted english muffin with grilled, sliced flank steak and sliced tomatoes. Topped with roasted poblano verde. 13.99

HUEVOS RANCHEROS

Two poached eggs served atop two black bean cakes, roasted poblano verde, pico de gallo and crisp tortilla strips. 10.99

From the Griddle

The below items are served with choice of bacon, pork sausage, turkey sausage or ham. Topped with powdered sugar and served with butter and syrup. If desired, Pure Maple Syrup add 1.50

PANCAKES & WAFFLES

TRADITIONAL

Two traditional pancakes or 1 waffle. 8.99

Or make them Gluten Free! (pancakes only 11.99)

CHOCOLATE CHIP

Two traditional pancakes or 1 waffle with a generous amount of rich chocolate chips inside. 9.99

BLUEBERRY OR BANANA

Two traditional pancakes or 1 waffle with the addition of fresh blueberries or bananas inside. 9.99

STRAWBERRY

Two traditional pancakes or 1 waffle with strawberries. 9.99

FRENCH TOAST

CLASSIC

Two fresh off the griddle thick slices of freshly baked brioche style bread, dipped in our own vanilla and cinnamon flavored batter. 8.99

BANANA PEACH

In house bread, dipped in our vanilla and cinnamon flavor batter, Maple Bourbon Butter Sauce. 10.99

SIDE SELECTIONS

APPLEWOOD SMOKED BACON 3.99

HOUSE MADE PORK SAUSAGE PATTIES 3.99

TURKEY SAUSAGE LINKS 2.99 • SMOKED HAM 2.99

SINGLE EGG 1.99 • GRITS (cheese or plain) 1.99 • HASH BROWNS 2.99

COUNTRY FRIED POTATOES 2.99 • FRESH FRUIT CUP 3.50

GREEK YOGURT • 2.50 SAUSAGE GRAVY 2.50 • AVOCADO 1.99

SIDE OF TOMATOES 1.50

WEEKLY SUNUP FRENCH TOAST

Ask you server for our weekly French Toast special

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.